A Guide to Geranium Essential Oil

Geranium Essential Oil at a Glance:

Steam distilled from the flowers of the Pelargonium graveolens plant

Encourages feelings of peace and spirituality

Used by the ancient Egyptians to help promote beautiful-looking skin

Contains a variety of naturally occurring constituents, including limonene, alpha pinene, and myrcene

Using Geranium:

Use as the middle note in your own DIY essential oil perfume.

Pair with floral fruity essential oils such as Lavender, Jasmine, Orange, and Lemon.

Give hair a boost of shine by adding a few drops to your shampoo and conditioner.

Use in the middle note in your own DIY essential oil perfume.

Create a DIY air freshener by combining 1 cup distilled water, 1/4 drop Geranium oil, and 1 teaspoon witch hazel in a glass spray bottle.