

PASTA PRIMO PERFECT IN VEGGIE SAUCE

★ ★ ★ TOP 3 RECIPE WINNER

YOUNG LIVING PRODUCTS USED:

*Gary's True Grit
Einkorn Spaghetti*

1 cup	zucchini, sliced
1 cup	baby portabella mushrooms, sliced
1 cup	red bell pepper, sliced
1 cup	red or sweet onion, diced
2	garlic cloves
	Salt and pepper to taste
1 package	Gary's True Grit Einkorn Spaghetti
	Parmesan cheese, grated for topping

Sauté vegetables and garlic in $\frac{1}{4}$ – $\frac{1}{3}$ cup grape seed oil until vegetables are cooked but still slightly crisp.

Puree in blender.

Serve over Gary's True Grit Einkorn Spaghetti, prepared as directed on package.

Top with freshly grated parmesan cheese.

by *Christie Egerton*
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YOUNG LIVING
ESSENTIAL OILS

