

# Inner Beauty Collagen



**Product Size:** 5.29 oz.

**Item No:** 40578

## TOP THREE REASONS TO ORDER:

1. Inner Beauty Collagen is free of artificial fillers, flavors, colors, and sweeteners.
2. Unlike most collagen products that use bovine collagen, we use marine collagen (type I), which is more bioavailable and better absorbed, giving you better results.
3. Taken daily, our formula reduces the appearance of fine lines and wrinkles in as few as three weeks.

Unlike other collagen powder supplements derived from bovine sources, ours features bioavailable type I marine collagen sourced exclusively from sustainable marine sources. Other key ingredients include skin-hydrating ceramides extracted from Japanese peaches, tapioca fiber from plants harvested sustainably in Thailand, and our exclusive Vanilla oleoresin that's blended with fractionated coconut oil instead of alcohol.

Taken daily, Inner Beauty Collagen supports vibrant, lit-from-within skin and healthy-looking hair and nails. Enjoy it as a tasteless addition to your morning smoothie, post-workout protein shake, NingXia Red<sup>®</sup> mocktail, Golden Turmeric<sup>™</sup> drink, or ice-cold water. You can even mix it up in baked goods or broth and still scoop up all the benefits.\*

\*Don't use in recipes calling for cooking temperatures above 380° F.

Meet Inner Beauty Collagen<sup>™</sup>. Made with a highly soluble form of bioavailable type I marine collagen, peach ceramides, hyaluronic acid, antioxidants, and no added sugars, our filler-free formula supports your natural radiance from the inside out.

## BENEFITS AND FEATURES

- Reduces the appearance of fine lines and wrinkles in as few as three weeks
- Supports the dermal layer after UV-induced skin damage
- Contains prebiotic fiber, which supports healthy skin by balancing the gut microbiome
- Provides multilayer, synergistic skin support
- Strengthens and supports healthy hair and nails
- Promotes skin elasticity and hydration with type I marine collagen and peach ceramides

## SUGGESTED USAGE

- Combine with ½ teaspoon of Golden Turmeric<sup>™</sup> and 1 cup of water or juice in a shaker bottle for a synergistic effect.
- Stir 1 scoop into a cup of your favorite hot tea such as Spiced Turmeric Herbal Tea.
- Mix with 2 ounces of NingXia Red<sup>®</sup> and ½ cup of juice or sparkling water for a tasty, collagen-boosting elixir.
- Add 1 scoop to a can of NingXia Zyng<sup>®</sup> poured in a glass for a sparkling drink that supports skin health.
- Blend 2–4 scoops into the batter of baked goods.\*

**Inner Beauty Collagen<sup>™</sup> offers a dose of collagen, antioxidants, and other skin-supporting ingredients with every scoop. Even better, it's formulated with naturally derived, sustainably sourced ingredients, so you can feel good about your skin and your purchase.**

# Inner Beauty Collagen



## DIRECTIONS

Mix 1 scoop of Inner Beauty Collagen with 4–8 ounces of water or your favorite hot or cold beverage daily.

## INGREDIENTS

Fish collagen peptides, Tapioca fiber, Zinc gluconate, Superoxide dismutase, Vitamin C (as ascorbic acid), Peach ceramides (*Prunus persica* fruit extract), Biotin, Hyaluronic acid (as Sodium hyaluronate), Vanilla (*Vanilla planifolia*) fruit oil

## SAFETY

Keep out of reach of children. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use. May cause sensitivity/allergic reaction. Contains fish and peach ingredients.

## KEY INGREDIENTS

- **Type I marine collagen:** A highly soluble form of bioavailable type I collagen, this ingredient is sourced from sustainable fish using a proprietary hydrolysis manufacturing process that uses no harsh chemicals or solvents. It is odorless and tasteless.
- **Peach ceramides:** This ingredient helps provide hydration to the skin, decreasing skin dryness.
- **Biotin, vitamin C, and zinc:** Vitamin C and zinc support collagen synthesis for glowing skin, while biotin supports hair and nail health.
- **Tapioca fiber:** This prebiotic fiber supports healthy skin by balancing the gut microbiome.
- **Superoxide dismutase (SOD):** SOD is an antioxidant enzyme produced through fermentation.
- **Hyaluronic acid:** This ingredient supports skin hydration, helping to reduce the appearance of fine lines and wrinkles for more youthful-looking skin.
- **Vanilla oleoresin:** This oleoresin is a unique form of vanilla that is neither an extract nor an absolute, both of which contain mostly alcohol, and is extracted from hand-pollinated orchid blossoms.

## COMPLEMENTARY PRODUCTS



NingXia Red<sup>®</sup>  
Item no: 3042



Spiced Turmeric  
Herbal Tea  
Item no: 32207



Master Formula<sup>™</sup>  
Item no: 5292



ART<sup>®</sup> Intensive  
Moisturizer  
Item No. 5663

# Power Meal



**Product Weight/Size:** : 22 oz. (637.5 g)

**Item No:** 40661

## FLAVOR PROFILE

Natural vanilla flavor

## TOP 3 REASONS TO BUY

- You're looking for a healthy vegan meal replacement with no added sugar.
- You need an extra push to get in those fruits and veggies.
- You're looking for added support throughout your day.

## ABOUT

Crafted with clean living in mind, our Power Meal™ formula contains 17 essential vitamins and minerals to give you a balanced meal with every sip. Pack a punch with plant-based protein from peas, pumpkin, flax, and sunflower seeds, then feel nourished with the natural goodness of 11 fruits and vegetables, including apple, carrot, broccoli, wolfberry, tomato, spinach, sweet potato, blueberry, raspberry, strawberry, and lucuma. With MCT oils, a targeted enzyme blend of amylase and protease to support healthy digestion, only 170 calories per serving, and an irresistible dash of Orange essential oil, this allergen-free formula powers your healthy lifestyle. Take on the day with nutrient-packed vegan nutrition, free from any added sugars, fillers, preservatives, or artificial colors!

A nutrient-dense vegan meal replacement shake and go-to for those busy go-getters, Power Meal™ contains 20 grams of protein and 11 fruits and vegetables to keep you powering through the day.

## BENEFITS AND FEATURES

- 20 grams of vegan protein with each serving
- Contains 11 fruits and vegetables
- Zero added sugar
- Sweetened with Reb-M
- Rich in amino acids
- Balanced nutrition profile with fats, carbohydrates, protein, fiber, and 17 vitamins and minerals

## SUGGESTED USAGE

Shake up a serving to power your gym session or workday or use as a meal replacement.

Find power in the powder with this delicious, sweet vegan meal replacement featuring 20 grams of protein!

# Power Meal



## DIRECTIONS

Mix 2 scoops of Power Meal with 8 ounces of water, non-dairy milk, NingXia Red<sup>®</sup>, or your favorite beverage.

## INGREDIENTS

Vegan protein blend (Pea protein isolate, Pumpkin seed protein, Flax protein, Sunflower protein), Medium chain triglycerides, Soluble tapioca fiber, Organic apple powder, Natural flavors, Organic carrot powder, Organic broccoli powder, Magnesium (Bis-glycinate chelate), Organic goji powder, Tomato powder, Organic spinach powder, Organic sweet potato powder, Xanthan gum, Organic blueberry powder, Freeze dried raspberry powder, Strawberry powder, Organic lucuma powder, Rebaudioside M (Natural sweetener), Zinc gluconate, Ascorbic acid, Enzyme blend (Protease, Amylase), Niacin, Copper gluconate, Biotin, Beta carotene, Vitamin D3 (Cholecalciferol), d-Calcium pantothenate, Natural folate (from Citrus limon extract), Orange (Citrus sinensis) peel oil, Pyridoxine HCl, Riboflavin, Chromium chloride hexahydrate, Vitamin B12 (Methylcobalamin)

## SAFETY

Keep out of reach of children. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health care professional prior to use. High intake amounts may cause niacin flush.

## KEY INGREDIENTS

- Pea protein
- Pumpkin seed protein

## COMPLEMENTARY PRODUCTS



NingXia Red<sup>®</sup>  
Item no: 3042



Master Formula<sup>™</sup>  
Item no: 5292



NingXia Greens  
Item no: 41064



MultiGreens<sup>™</sup>  
Item No. 3248

# NingXia Greens



**Product Size:** 30 servings (5.3 oz.)

**Item No:** 41064

## TOP THREE REASONS TO ORDER:

1. Scoop up the benefits of 60+ fruits, vegetables, herbs, algae, and mushrooms in one easy serving.
2. Enjoy the power of four premium essential oils in our MultiGreens™ proprietary oil blend.
3. Support a healthy immune system, balanced diet, optimal digestion, and energy production.

## ABOUT

Try it in smoothies, juice, protein shakes, or even water for a quick and easy way to pack your day with nutrients!

Inside each serving, you'll find 50 fermented whole foods, five varieties of immune-supporting mushrooms, and wolfberry fruit and sprouted leaves from our Seed to Seal® farm in Ningxia, China. All that plant-based goodness is carefully extracted using a heat-free method so you can enjoy all the nutrients and benefits this unique blend has to offer.

Formulated with superfood ingredients, greens, and premium essential oils, NingXia Greens takes the guesswork out of your nutrition needs. All you have to do is scoop, stir, and enjoy!

Meet our mushroom, fruit, and vegetable powder, NingXia Greens™: a one-scoop solution to health and wellness.

## BENEFITS AND FEATURES

- Packs 2–3 servings of fruits and vegetables in every scoop
- Delivers a powerful dose of antioxidants, vitamins, minerals, and other important phytonutrients
- Contains 60+ nutrient-rich vegetables, fruits, herbs, algae, and mushrooms
- Supports a healthy immune system, digestive health, and boost of energy\*
- Features our MultiGreens™ proprietary oil blend, originally formulated by D. Gary Young
- Contains no artificial colors, flavors, fillers, sweeteners, or added sugars

## SUGGESTED USAGE

- Stir 1 scoop into a protein shake made with Pure Protein Complete™ to support muscle recovery.\*
- Mix with 2 ounces of NingXia Red® and ½ cup of orange juice for a fruity, nutritious start to your day.
- Add 1 scoop to a fruit smoothie for an extra dose of fiber and plant-based omega-3s.
- Take with a probiotic like Life 9® or enzyme complex like Essentialzymes-4™ for additional wellness support.\*

## DIRECTIONS

Mix 1 scoop in 4–6 ounces of water or beverage of your choice.

**With NingXia Greens, getting your daily dose of fruits and greens is as simple as scooping our superfood powder into your favorite drink.**

# NingXia Greens



## INGREDIENTS

Apple, Banana, Lemon, Wolfberry sprouted leaves, Alfalfa, Kale, Parsley, Broccoli, Fermented superfood blend (Grape, Brown rice, Carrot, Apple, Daikon radish, Cabbage, Celery, Cucumber, Banana, Onion, Burdock, Spinach, Pear, Orange peel, Tomato, Sweet pepper, Mung bean sprout, Eggplant, Lotus rhizome, Pumpkin, Shiitake mushroom, Ginger, Lettuce, Garlic, Japanese parsley, Udo, Asparagus, Bamboo grass, Clover, Kombu, Dandelion, Plantain, Green pea sprout, Japanese cedar, Parsley, Turnip, Pineapple, Strawberry, Knotweed, Chive, Chinese cabbage, Enokitake mushroom, Garland chrysanthemum, Mugwort, Oriental celery, Leek, Green perilla, Wakame seaweed), Chlorella, Ginger, Green pea, Maitake mushroom, Reishi mushroom, Turkey tail mushroom, Spirulina, Amla fruit, Moringa, Purslane, Wolfberry fruit, Secale cereale flower pollen extract, MultiGreens™ proprietary oil blend [Rosemary (*Rosmarinus officinalis*)<sup>†</sup> leaf oil, Lemon (*Citrus limon*)<sup>†</sup> peel oil, Lemongrass (*Cymbopogon flexuosus*)<sup>†</sup> leaf oil, Melissa (*Melissa officinalis*)<sup>†</sup> leaf and flower oil] bromelain, cellulase

<sup>†</sup>Premium essential oil

## SAFETY

Keep out of reach of children. If you are taking medication or have a medical condition, consult a health care practitioner prior to use. Not recommended for use during pregnancy or breastfeeding. May affect blood sugar levels; not recommended for those on diabetes treatment. Should not be taken in the weeks before or after surgery. May cause higher chance of kidney stones. May cause allergic reaction. Contains tomato and celery ingredients.

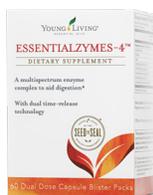
## KEY INGREDIENTS

- **NingXia wolfberry fruit powder and sprouted leaves:** Also known as goji berries, wolfberries come from an ancient plant, long praised in China for its powerful health benefits.
- **Maitake, reishi, turkey tail, shiitake, and enokitake mushrooms:** A source of soluble fiber known as beta glucans, these mushrooms help support a healthy immune system.\*
- **NingXia Greens proprietary blend:** A fermented superfood blend that delivers nutrients that are difficult to obtain from a typical diet, this proprietary combination also contains enzymes to support optimal digestion.\*
- **Purslane:** An edible succulent, this ingredient is one of the few vegetables that's rich in plant-based omega-3 fatty acids, vitamins, and minerals—including copper, magnesium, iron, manganese, and potassium, vitamin E, and vitamin C. Purslane is also a uniquely rich source of 184 phytochemical compounds, including phenolic acids, alkaloids, and flavonoids, which act as antioxidants.
- **Secale cereale flower pollen extract:** A non-allergenic and sustainably sourced extract that contains full-spectrum nutrients such as amino acids, phytosterols, fatty acids, carotenoids, flavonoids, vitamins, minerals, and enzymes, this extract is clinically shown to display antioxidant and detoxifying capacity and maintain cellular oxidative stress through significant decrease of GSSG (oxidized glutathione).\*
- **MultiGreens™ proprietary oil blend:** The same combination of premium essential oils found in our MultiGreens supplement, this blend was originally formulated by D. Gary Young.

## COMPLEMENTARY PRODUCTS



NingXia Red®  
Item no: 3042



Essentialzymes-4™  
Item no: 4645



Life 9®  
Item no: 18299



Inner Beauty™ Collagen  
Item No. 40578



# Roots Essential Oil Blend

Roots™ essential oil blend combines precious, grounding oils, including Sacred Frankincense, Grand Fir, Cistus, Myrrh, Balm of Gilead, and Angelica. Used throughout history, these ancient oils now come together to create a sense of nourishment and stability as you work to strengthen your own personal foundation.

**Product Size:** 5 ml

**Item No:** 41520

## SCENT PROFILE

Grounding, earthy, woody scent

## ABOUT

Originally formulated by Young Living Founder D. Gary Young, Roots essential oil blend carries the gentle, grounding notes of Sacred Frankincense and Myrrh and the sweet, soothing scents of Angelica and Cistus. Also featured in this rich, earthy blend is Idaho Grand Fir from our Highland Flats Tree Farm in Naples, Idaho.

Our Roots blend reminds us that our roots run deep and are steeped in the history, knowledge, and strength that Gary and Mary established more than 25 years ago. Grounded in the strength of our legacy, we have the foundation of wisdom that frees us to spread our wings and look to future horizons.

## TOP THREE REASONS TO ORDER

1. Combines precious oils from revered aromatics mentioned in some of the earliest writings
2. Has a grounding, earthy aroma that creates a sense of nourishment and stability
3. Pairs well with Wings essential oil blend to create a runway to attain new levels within yourself

## BENEFITS AND FEATURES

- Benefit from the grounding, rich earth tones of Myrrh, Cistus, and Angelica; the fresh, woody notes of Sacred Frankincense and Grand Fir; and the soothing essence of the Balm of Gilead.
- Use Roots essential oil blend while working to reconnect with the divine or your inner self or as you work to strengthen your own personal foundation on a daily basis.
- Use it during meditation, yoga, prayer, or spiritual practice as you work to rediscover and remember your inner strength.

## SUGGESTED USAGE

- Diffuse Roots while you work to feel centered and regroup yourself.
- Rub Roots on the bottoms of your feet to enjoy the enriching, grounding aroma as part of your wind-down routine.
- Inhale Roots as you envision the roots of a tree and meditate on your own ability to grow and stand tall.
- Use while you're working on your personal spiritual awareness and building strong foundational roots.

# Roots Essential Oil Blend



## DIRECTIONS

**Topical:** Dilute 1 drop with 1 drop of V-6™ Vegetable Oil Complex or olive oil and apply to desired area as needed.

**Aromatic:** Diffuse up to 30 minutes 3 times daily.

## INGREDIENTS

*Commiphora myrrha*<sup>†</sup> (Myrrh) oil, *Abies grandis*<sup>†</sup> (Idaho Grand Fir) oil, *Boswellia sacra*<sup>†</sup> (Sacred Frankincense) oil, *Angelica archangelica*<sup>†</sup> (Angelica) oil, *Commiphora gileadensis*<sup>†</sup> (Balm of Gilead) oil, *Cistus ladanifer*<sup>†</sup> (Cistus) oil

<sup>†</sup>Premium essential oil

## KEY CONSTITUENTS

Beta phellandrene, alpha-pinene, beta-pinene, and bornyl acetate

## SAFETY

Keep out of reach of children. For external use only. Keep away from eyes and mucous membranes. If you are nursing, taking medication, or have a medical condition, consult a health care professional prior to use. Avoid direct sunlight or UV rays to application area for up to 12 hours. Not intended for use during pregnancy.

## KEY INGREDIENTS

- **Sacred Frankincense essential oil:** One of the oldest and most revered oils for its ability to uplift the spirit
- **Idaho Grand Fir essential oil:** Has a refreshing aroma that evokes the nostalgia of a freshly cut Christmas tree, supports meditation for an increased sense of spirituality, and promotes the sensation of deeper breathing
- **Cistus essential oil:** An anointing oil that was used traditionally to nourish the skin
- **Myrrh essential oil:** Used in ancient times as far back as 1,600 BC as a fragrance and in topical balms for spiritual balancing
- **Balm of Gilead essential oil:** A very rare and ancient oil traditionally used for its antioxidant properties and historically known for its ability to soothe the skin
- **Angelica essential oil:** Known as the “oil of the angels,” with a very delicate, intoxicating aroma

## COMPLEMENTARY PRODUCTS



Wings Essential Oil Blend  
Item no: 41536



Divine Destiny™ Collection  
Item no: 38479



Sacred Frankincense Essential Oil Blend  
Item no: 3550



Grounding™ Essential Oil Blend  
Item No. 3348



# Wings Essential Oil Blend

Push yourself to new heights Wings™ essential oil blend's transcendent balance of exotic florals, sweet citrus notes, uplifting woody undertones, and rich accents that inspire you to spread your wings.

**Product Size:** 5ml  
**Item No:** 41536

## SCENT PROFILE

Uplifting balance of elegant florals, sweet citrus, and hint of refreshing pines

A D. Gary Young original formulation, Wings essential oil blend has an uplifting, one-of-a-kind scent, combining the benefits of Sacred Sandalwood, German Chamomile, Northern Lights Black Spruce, Lavender, Rose, and other premium essential oils. Northern Lights Black Spruce oil is an exclusive oil from our Northern Lights Farm and Distillery in British Columbia, Canada.

Our Wings essential oil blend reminds us to make space in our modern world for knowledge and wisdom that predates us. Its special aroma is meant to stoke our curiosity, to encourage us to discover and grow—always with the strength of our legacy to drive us onward and upward. On wings like these, we can reach our potential and become who we were always intended to be.

## TOP THREE REASONS TO ORDER

1. Has a calming, clearing aroma that invites clarity, brightness, and unlimited possibilities
2. Can be applied topically or diffused to help you reach new levels of awareness with an expanded perspective
3. Pairs well with Roots essential oil blend to create a runway to attain new levels within yourself

## BENEFITS AND FEATURES

- Push yourself to new heights with this transcendent balance of exotic florals (Geranium, Rose, Ylang Ylang, and Lavender), notes of sweet citrus (Orange, Tangerine, and Melissa), uplifting woody undertones (Sacred Sandalwood, Idaho Blue Spruce, Northern Lights Black Spruce, and Sacred Frankincense), and rich, unique accents (Myrrh, Angelica, and German Chamomile).
- Apply Wings essential oil blend topically to inspire personal growth and new perspectives with unlimited possibilities as you write your goals and plans.
- Inhale it to enjoy the one-of-a-kind aroma that will encourage a sense of renewal and rejuvenation so you can spread your wings and fly.

## SUGGESTED USAGE

- Diffuse Wings while you reflect on your limitless potential and opportunities for growth.
- Apply Wings to your wrists so you can breathe in the inspiring scent while you write your goals and plans.
- Inhale Wings to enjoy its inspiring scent and invite a sense of renewal and rejuvenation.

# Wings Essential Oil Blend



## DIRECTIONS

**Topical:** Dilute 1–2 drops with 4 drops of V-6™ Vegetable Oil Complex or olive oil and apply to desired area as needed.

**Aromatic:** Diffuse up to 30 minutes 3 times daily.

## INGREDIENTS

*Pelargonium graveolens*<sup>†</sup> (Geranium) flower oil, *Lavandula angustifolia*<sup>†</sup> (Lavender) oil, *Santalum album*<sup>†</sup> (Sandalwood) oil, *Cananga odorata*<sup>†</sup> (Ylang ylang) flower oil, *Picea pungens*<sup>†</sup> (Idaho Blue spruce) branch/leaf/wood oil, *Boswellia sacra*<sup>†</sup> (Sacred frankincense) resin oil, *Chamomilla recutita*<sup>†</sup> (Matricaria) flower oil, *Melissa officinalis*<sup>†</sup> (Melissa) leaf oil, *Citrus aurantium dulcis*<sup>†</sup> (Orange) peel oil, *Picea mariana*<sup>†</sup> (Northern Lights Black spruce) leaf oil, *Citrus reticulata*<sup>†</sup> (Tangerine) peel oil, *Commiphora myrrha*<sup>†</sup> (Myrrh) oil, *Rosa damascena*<sup>†</sup> (Rose) flower oil, *Angelica archangelica*<sup>†</sup> (Angelica) root oil

<sup>†</sup>Premium essential oil

## KEY CONSTITUENTS

Limonene, linalool, alpha-pinene, alpha-santalol, citronellol, and linalyl acetate

## SAFETY

Keep out of reach of children. For external use only. Keep away from eyes and mucous membranes. If you are nursing, taking medication, or have a medical condition, consult a health care professional prior to use. Avoid direct sunlight or UV rays to application area for up to 12 hours. Not intended for use during pregnancy.

## KEY INGREDIENTS

- **Geranium essential oil:** Commonly used in perfumes for its uplifting aroma; may reduce the appearance of blemishes and fine lines when applied topically
- **Lavender essential oil:** Features a tranquil aroma that is soothing to the senses as well as to the skin when applied topically
- **Ylang Ylang essential oil:** Promotes the appearance of healthy-looking skin and shiny hair, with a calming aroma that sets the mood for romance
- **Angelica essential oil:** Known as the “oil of the angels,” with a very delicate, intoxicating aroma
- **Rose essential oil:** Has alluring, high-frequency notes that create a peaceful, loving, and nurturing environment at home and set the mood for romance

## COMPLEMENTARY PRODUCTS



Roots Essential Oil Blend  
Item no: 41520



Divine Destiny™ Collection  
Item no: 38479



White Angelica Essential Oil Blend  
Item No. 3428



# BALANCE by Young Living™

## Dual-Phase Toner

YOUNG LIVING  
ESSENTIAL OILS

**Product Size:** 4.0 fl. oz. | 120 ml  
**Item No:** 36285

As step two of the system, BALANCE Dual-Phase Toner helps reduce the appearance of pores and blemishes, may help against future breakouts, and provides all-day shine control for a more flawless complexion. This formula restores the skin after cleansing, so you can get the appearance of a brighter, detoxified, and more clarified complexion after two weeks.

A must-add step when prepping the skin for moisturizer, this toner can be used to pamper normal, combination, and oily skin types. It is also dermatologist tested, hypoallergenic, and non-irritating, which means even sensitive skin can benefit from its use. Pair BALANCE Dual-Phase Toner with BALANCE Mattifying Lotion and BALANCE Cleanser to get the best results and let your confidence out with great skin!

### KEY BENEFITS:

- Mattifies skin and provides all-day control of oil and shine for a flawless complexion
- Reduces the appearance of pores by removing excess oil in only 15 minutes
- Minimizes the appearance of blemishes and future breakouts

With gentle, naturally derived ingredients, BALANCE by Young Living Dual-Phase Toner reduces the appearance of pores in only 15 minutes, provides an eight-hour mattifying effect, balance the skin's microbiome, and helps minimize the appearance of blemishes. The BALANCE Skin Care Collection is a clinically tested, non-comedogenic, and non-acneogenic system that will help improve oily and blemish-prone skin with noticeable results in as little as 30 days. This simple, three-step system harnesses the strongest naturally derived actives we could find for oily and blemish-prone skin and uses them at the most effective clinical testing levels, so you can feel confident in your own skin.

### ADDITIONAL BENEFITS

- Provides the appearance of a brighter, detoxified, and more clarified complexion after two weeks of continued use
- Preps the skin for moisturizer to maximize the benefits of subsequent products
- Clinically tested, dermatologist tested, non-comedogenic, non-acneogenic, and non-irritating
- Formulated with naturally derived ingredients free of gluten, parabens, phthalates, synthetic fragrances, sulfates, and mineral oil
- Helps absorb oil and excess sebum throughout the day

### SUGGESTED USAGE

BALANCE by Young Living is formulated for normal/combination to oily skin to address the following skin concerns:

- Enlarged, clogged pores
- Prone to breakouts and blackheads
- Shiny T-zone
- Redness

This three-step system includes:

- **Step 1:** Cleanser, BALANCE by Young Living Cleanser
- **Step 2:** Treatment Lotion, BALANCE by Young Living Dual-Phase Toner
- **Step 3:** Face Moisturizer, BALANCE by Young Living Mattifying Lotion

The BALANCE Skin Care Collection helps restore your complexion to its natural beauty, so you can feel confident in your skin.

# BALANCE by Young Living™

## Dual-Phase Toner



### DIRECTIONS

Shake well before use. After cleansing, use to moisten a cotton round and sweep over skin morning and night. Avoid eye area.

### SAFETY

Keep out of reach of children. For external use only. Avoid contact with eyes. Discontinue use if irritation occurs.

### INGREDIENTS

Water/Eau, Alcohol denat., Glycerin, Propanediol, Bentonite, Sea water/Eau de mer, Benzyl alcohol, Pseudoalteromonas ferment extract, *Citrus aurantium dulcis*<sup>†</sup> (Orange) flower extract, Sodium chloride, Hamamelis virginiana (Witch hazel) water, Citric acid, Sucrose, Malachite extract, Alcohol, *Lavandula angustifolia*<sup>†</sup> (Lavender) oil, *Citrus aurantium dulcis*<sup>†</sup> (Orange) peel extract, *Nymphaea odorata* root extract, *Pogostemon cablin*<sup>†</sup> (Patchouli) oil, *Morinda citrifolia* extract, *Rosmarinus officinalis*<sup>†</sup> (Rosemary) leaf oil, *Citrus limon*<sup>†</sup> (Lemon) peel oil, Mica, Titanium dioxide

<sup>†</sup>Premium essential oil

### KEY INGREDIENTS

- **Noni extract:** This ingredient supports a healthy microbiome, reduces excess sebum on the surface of the skin, and minimizes the appearance of blemishes. Native to Southeast Asia and Australia, noni is noted for being able to survive harsh environments and is one of the first plants to colonize

lava-ridden areas. This extract can interact with the skin's microbiome, effectively acting on the dysbiosis to perfect the skin's appearance. It targets the common microbiota imbalances associated with blemish-prone skin. It also decreases the relative production of *S. aureus* and *P. acnes*, while also maintaining the favorable skin microbiota *S. epidermidis*.

- **Ocean minerals:** Ocean minerals deliver immediate glow to the skin and help minimize the appearance of pores in only 15 minutes. Our minerals are from sea water sourced from a deep marine lake off the Atlantic Coast, located in Noirmoutier, France—an island known for its salt marshes and salt banks. This sea water flows through different geological layers within the island, making it rich in manganese, zinc, iron, and lithium. These minerals promote clarity and luminosity and reduce dullness after two weeks of use. These ocean minerals have a soothing and remineralizing effect, bringing more magnesium, potassium, and sodium to the skin.
- **Pseudoalteromonas ferment extract:** Produced via fermentation, this extract immediately reduces excess shine and provides an eight-hour mattifying effect on the skin. This sustainable marine extract is isolated from the glacial environment of the Antarctic Ocean. Over time, it works to reduce sebum accumulation, improving the overall appearance of oily and combination skin.
- **Ethically sourced bentonite clay:** This ingredient absorbs excess oil and impurities without stripping skin of excess moisture, leaving it matte and healthy looking. Before shaking the toner, you will see the bentonite settle to the bottom of the bottle, creating a dual-phase formula.
- **Malachite extract:** This semiprecious stone has a high copper content and is rich in antioxidants that help protect the skin from environmental stressors and premature aging. It also gives the toner its blue color.
- **Proprietary essential oil blend:** BALANCE by Young Living utilizes an exclusive blend of Lavender, Patchouli, Lemon Peel, and Rosemary essential oils formulated by Young Living Founder D. Gary Young to help support oily and blemish-prone skin.

### COMPLEMENTARY PRODUCTS



BALANCE  
by Young Living™  
Cleanser  
Item No. 37985



BALANCE  
by Young Living™  
Mattifying Lotion  
Item No. 39851



Charcoal Mask  
Item No. 35061



Maximum-Strength  
Acne Treatment  
Item No. 23795



# BALANCE by Young Living™

## Cleanser

YOUNG LIVING  
ESSENTIAL OILS

**Product Size:** 3.4 fl. oz./100 ml  
**Item No:** 37985

BALANCE by Young Living Cleanser is a gentle, foaming gel that deep cleans pores and reduces surface oils for balanced-looking skin. Previously known as Orange Blossom Facial Wash, BALANCE Cleanser is part of the BALANCE Skin Care Collection, a clinically tested, non-comedogenic, and non-acnegenic system that will help improve oily and blemish-prone skin with noticeable results in as little as 30 days. This simple, three-step system harnesses the strongest naturally derived actives we could find for oily and blemish-prone skin to help you feel confident in your complexion.

As step one of the system, BALANCE Cleanser prevents breakouts and clogged pores by removing excess dirt and oil, while also helping to maintain the natural moisture barrier. This formula is gentle enough for everyday use, relying on non-stripping ingredients to condition and moisturize to help your skin feel balanced.

Formulated to help your skin maintain a healthy biome, this cleanser will have you saying hello to a happy, balanced-feeling complexion. It's also dermatologist tested, hypoallergenic, and non-irritating, which means even sensitive skin can benefit from its use. Pair BALANCE Mattifying Lotion with BALANCE Dual-Phase Toner and BALANCE Cleanser to get the best results and let your confidence out with great skin!

### KEY BENEFITS:

- Deep cleans and prevents clogged pores and future breakouts by removing excess oil and dirt
- Gently cleanses without stripping the skin's natural moisture barrier, while also helping to maintain a healthy microbiome
- Conditions and moisturizes for a clearer complexion

### ADDITIONAL BENEFITS

- Light foaming gel cleanser formulated for normal/combination and oily skin
- Formulated with naturally derived ingredients free of gluten, parabens, phthalates, synthetic fragrances, sulfates, petroleum, and mineral oil
- Clinically tested, dermatologist reviewed, non-comedogenic, non-acnegenic, and non-irritating

### SUGGESTED USAGE

BALANCE by Young Living is formulated for normal/combination to oily skin to address the following skin concerns:

- Enlarged, clogged pores
- Prone to breakouts and blackheads
- Shiny T-zone
- Redness

This three-step system includes:

- **Step 1:** Cleanser, BALANCE by Young Living Cleanser
- **Step 2:** Treatment Lotion, BALANCE by Young Living Dual-Phase Toner
- **Step 3:** Face Moisturizer, BALANCE by Young Living Mattifying Lotion

The BALANCE Skin Care Collection helps restore your complexion to its natural beauty, so you can feel confident in your skin.

# BALANCE by Young Living™

## Cleanser



### DIRECTIONS

Gently squeeze a small amount into the palm of your hand and massage it into wet skin. Rinse thoroughly and pat dry, repeating both morning and night.

### INGREDIENTS

Water/Eau, Decyl glucoside, Glycerin, Coco-glucoside, Glyceryl oleate, Glyceryl caprylate, Xanthan gum, Helianthus annuus (Sunflower) seed oil, Copaifera officinalis (Balsam copaiba) resin, Citric acid, *Lavandula angustifolia*<sup>†</sup> (Lavender) oil, Levulinic acid, Glyceryl undecylenate, Carapa guianensis seed oil, Euterpe oleracea fruit oil, Sodium levulinate, *Pogostemon cablin*<sup>†</sup> (Patchouli) oil, *Rosmarinus officinalis*<sup>†</sup> (Rosemary) leaf oil, *Citrus limon*<sup>†</sup> (Lemon) peel oil, Aloe barbadensis leaf juice powder, *Citrus limon*<sup>†</sup> (Lemon) peel extract, Camellia sinensis leaf extract, Saccharum officinarum (Sugarcane) extract, *Citrus aurantium dulcis*<sup>†</sup> (Orange) peel extract, Pyrus malus (Apple) fruit extract, Chamomilla recutita (Matricaria) flower extract, Calendula officinalis flower extract, Hypericum perforatum flower/leaf/stem extract, *Citrus aurantium dulcis*<sup>†</sup> (Orange) flower extract, Macrocystis pyrifera (Kelp) extract, Chlorella vulgaris extract, Rosa centifolia flower extract, Tocopherol, Hydrogenated palm glycerides citrate

<sup>†</sup>Premium essential oil

### SAFETY

Keep out of reach of children. For external use only. Avoid contact with eyes. Discontinue use if irritation occurs.

### KEY INGREDIENTS

- **Aloe vera powder, orange peel extract, and orange flower extract:** These ingredients condition, soothe, and moisturize skin.
- **Copaiba, andiroba, and acai oils:** Sustainably sourced from the Amazon, these oils may help control excess sebum.
- **Glycerin:** This ingredient functions as a humectant that draws moisture to the skin, helping to hydrate, smooth, and protect the skin.
- **Naturally derived, gentle surfactants:** These ingredients gently cleanse without stripping the skin's natural moisture barrier, while also helping to maintain a healthy microbiome.
- **Proprietary essential oil blend:** BALANCE by Young Living utilizes an exclusive blend of Lavender, Patchouli, Lemon Peel, and Rosemary essential oils formulated by Young Living Founder D. Gary Young to help support oily and blemish-prone skin.

## WHAT CONCERNS DO YOU HAVE ABOUT THE APPEARANCE OF YOUR SKIN?

### BALANCING

BALANCE by Young Living™ Skin Care Collection



- Normal combination to oily
- Enlarged pores
- Prone to breakouts
- Shiny T-zone
- Clogged pores
- Redness

### BRIGHTENING

BLOOM by Young Living™ Skin Care Collection



- Normal combination to dry
- Uneven skin tone
- Lack of radiance
- Dehydration lines and wrinkles
- First signs of aging
- Presence of dark spots/dyscoloration

### RENEWING

ART® Skin Care Collection



- Normal combination to dry
- Deeper lines and wrinkles
- Loss of firmness/tone
- Dull skin
- Advanced signs of aging
- Changes in skin texture
- Thinner skin



# BALANCE by Young Living™

## Mattifying Lotion

YOUNG LIVING  
ESSENTIAL OILS

**Product Size:** 1.7 fl. oz./50 ml  
**Item No:** 39851

BALANCE by Young Living Mattifying Lotion helps absorb excess oil, reduce the appearance of pores and blemishes, and provide an instant mattifying effect that controls shine all day. The BALANCE Skin Care Collection is a clinically tested, non-comedogenic, and non-acneogenic system that will help improve oily and blemish-prone skin with noticeable results in as little as 30 days. This simple, three-step system harnesses the strongest naturally derived actives we could find for oily and blemish-prone skin and includes the most effective amounts from clinical testing, so you can feel confident in using the best of clean beauty to achieve a more clarified complexion.

As step three of the system, BALANCE Mattifying Lotion uses optimal hydration to keep your skin happy throughout the day, locking in moisture and supporting a healthy skin biome. This formula is also gentle enough for everyday use, relying on oil-balancing and mattifying ingredients to control shine for clearer-looking skin.

Formulated to help unbalanced skin fight back against blackheads, redness, blemishes, and excess oil, this mattifying lotion offers lightweight hydration for all skin types. It is also dermatologist tested, hypoallergenic, and non-irritating, which means even sensitive skin can benefit from its use. Pair BALANCE Mattifying Lotion with BALANCE Dual-Phase Toner and BALANCE Cleanser to get the best results.

### KEY BENEFITS:

- Provides lightweight, optimal hydration that softens and soothes oily skin, while also supporting a healthy skin microbiome
- Provides an instant mattifying effect to reduce the appearance of pores and blemishes
- Defends against premature aging caused by environmental and blue-light aggressors

### ADDITIONAL BENEFITS

- Non-greasy formula absorbs easily into normal/combination and oily skin
- Reduces excess oil and controls shine for clearer-looking skin
- Strengthens the skin's moisture barrier
- Clinically tested, dermatologist tested, non-comedogenic, non-acneogenic, and non-irritating
- Formulated with naturally derived ingredients free of parabens, phthalates, synthetic fragrances, sulfates, and mineral oil

### SUGGESTED USAGE

BALANCE by Young Living is formulated for normal/combination to oily skin to address the following skin concerns:

- Enlarged, clogged pores
- Prone to breakouts and blackheads
- Shiny T-zone
- Redness

This three-step system includes:

- **Step 1:** Cleanser, BALANCE by Young Living Cleanser
- **Step 2:** Treatment Lotion, BALANCE by Young Living Dual-Phase Toner
- **Step 3:** Face Moisturizer, BALANCE by Young Living Mattifying Lotion

The BALANCE Skin Care Collection helps restore your complexion to its natural beauty, so you can feel confident in your skin.

# BALANCE by Young Living™

## Mattifying Lotion



### DIRECTIONS

Gently press and pat a small amount evenly over face. Repeat morning and night.

### SAFETY

Keep out of reach of children. For external use only. Avoid contact with eyes. Discontinue use if irritation occurs.

### INGREDIENTS

Water/Eau, Glycerin, Caprylic/capric triglyceride, Avena sativa (Oat) bran extract, Platonia insignis seed butter, Passiflora edulis seed oil, Avena sativa (Oat) kernel extract, Cetearyl alcohol, Canarium indicum seed oil, Benzyl alcohol, Oryza sativa (Rice) starch, Fructooligosaccharides, Sodium PCA, Beta vulgaris (Beet) root extract, *Citrus aurantium dulcis*<sup>†</sup> (Orange) peel oil, Sodium levulinate, Xanthan gum, Pseudoalteromonas ferment extract, *Citrus aurantium dulcis*<sup>†</sup> (Orange) peel extract, Citric acid, Marrubium vulgare extract, Sodium anisate, Potassium lactate, Sodium hyaluronate, Sodium citrate, *Lavandula angustifolia*<sup>†</sup> (Lavender) oil, *Pogostemon cablin*<sup>†</sup> (Patchouli) oil, *Rosmarinus officinalis*<sup>†</sup> (Rosemary) leaf oil, *Citrus limon*<sup>†</sup> (Lemon) peel oil, Morinda citrifolia extract, Bacillus ferment, Tocopherol

<sup>†</sup>Premium essential oil

### KEY INGREDIENTS

- **Oat kernel extract:** This ingredient improves the overall appearance of the skin's complexion and reduces the appearance of blemishes and redness for healthy-looking, radiant skin.
- **Noni stem cells:** Extracted from noni fruit, this ingredient supports a healthy skin microbiome and reduces excess sebum on the surface of the skin to help minimize the appearance of blemishes.
- **Bacillus ferment:** This ingredient has been shown to help minimize the appearance of skin imperfections and support the skin's microbiome, leaving skin looking beautiful. The ferment is isolated from clay sourced following sustainable practices near Aiguamolls de l'Empordà, a natural park in Spain. It soothes the skin and supports the skin's microbiome by reducing *P. acnes* (Propionibacterium acnes) biofilm formation and porphyrins, which are metabolic products of *P. acnes* that can become lodged in pores, creating blemishes.
- **Marrubium vulgare:** Obtained via cell culture of horehound, this extract has been clinically proven to reduce the appearance of blackheads, give skin a smooth and even-feeling texture, improve skin smoothness and softness, and combat against the damaging effects of pollution and blue light, providing a healthy-looking, radiant complexion. In nature, horehound spontaneously grows in temperate areas of Europe, America, and Asia and has a history of use in ancient Roman and Arabic folk traditions. It is a flowering plant in the Lamiaceae family, which includes mint and white nettle, and is rich in beneficial phenylpropanoids that play a vital role in plant development by acting as an essential component of cell walls, giving this product soothing and protecting properties.
- **Rice starch (Oryza sativa):** This ingredient keeps skin shine free by absorbing excess sebum on the surface without stripping it of moisture.
- **Proprietary essential oil blend:** BALANCE by Young Living utilizes an exclusive blend of Lavender, Patchouli, Lemon Peel, and Rosemary essential oils formulated by Young Living Founder D. Gary Young to help support oily and blemish-prone skin.

### COMPLEMENTARY PRODUCTS



BALANCE  
by Young Living™  
Cleanser  
Item No. 37985



BALANCE  
by Young Living™  
Dual-Phase Toner  
Item No. 36285



Charcoal Mask  
Item No. 35061



Maximum-Strength  
Acne Treatment  
Item No. 23795

# Simplified by Jacob & Kait™

## Summer Collection



**Product Size:** 3 x 10 ml

**Item No:** 41094

### SCENT PROFILE

Orange Creamsicle: Creamy, citrusy scent

Seaside: Cool, breezy aroma

Tropical Tango: Fruity, island-inspired aroma

### TOP 3 REASONS:

1. Make your home smell sun-sationally fresh with three summertime blends.
2. Skip the harsh chemicals in candles and air fresheners for naturally derived essential oil goodness.
3. Transform your space into an easy, breezy summer getaway in minutes.

Brought to you by Jacob and Kaitlyn Young in partnership with the D. Gary Young Research Institute, the Summer Collection features three limited-time blends designed to transform your home into an oasis of scent.

Start by taking your nose on a trip to the tropics with the scents of ripe coconuts, juicy oranges, and fresh-picked florals in our Tropical Tango essential oil blend. Featuring Ylang Ylang from our Finca Botanica Farm in Ecuador, this bright, blissful blend will have you feeling like you're living on island time.

When you want to relive the nostalgia of cool summertime sweets, count on Orange Creamsicle. Made with real Madagascar vanilla, this creamy, citrusy scent will bring back memories of simpler times and summer days spent outdoors with friends.

Next, treat your senses to the crisp smell of Seaside. Inspired by the salty ocean air and warm summer nights, this blend is a vacation in a bottle. We made it with Neroli from the blossoms of the bitter orange tree near the Mediterranean ocean.

Snag all three summer essential oil blends today!

Capture the spirit of summer with three sun-sational blends designed to whisk you away to where the living is easy.

### BENEFITS AND FEATURES

#### Orange Creamsicle essential oil blend:

- Has a creamy, citrusy scent
- Creates an invigorating, cheerful environment
- Transforms your space into a poolside paradise

#### Seaside essential oil blend:

- Has a cool, breezy aroma
- Creates a fresh, soothing environment
- Transforms your space into a beachside sanctuary

#### Tropical Tango essential oil blend:

- Has a sweet, uplifting aroma
- Creates a bright, blissful, and enlivening environment
- Transforms your space into a tropical oasis

### SUGGESTED USAGE

- Diffuse any of these summer-scented essential oil blends to turn your home into a summertime getaway.
- Dilute your favorite summer essential oil blend with a carrier oil and add it to your evening shower gel, body oil, or DIY bath bomb recipes for a burst of sunshine scent.
- Add a few drops of Tropical Tango in your diffuser to fill your space with the island-inspired scents of exotic flowers, creamy coconuts, and juicy fruits.
- Put 1 drop of Tropical Tango diluted with 2–4 drops of V-6™ Vegetable Oil Complex into the palm of your hand; then cup your hands around your nose and breathe deeply to transport yourself to an island paradise.
- Breathe in Orange Creamsicle's uplifting aroma straight from the bottle for an aromatic pick-me-up when your day overwhelms you.
- Put a few drops of Orange Creamsicle in a USB car diffuser to cheer up your morning commute with the nostalgic scents of summer.
- Place a couple drops of Seaside and V-6 Vegetable Oil Complex onto a diffuser bracelet to carry the fresh, soothing scent wherever your day takes you. Since this blend may cause photosensitivity, keep your wrist out of the sun for up to 24 hours.

Simplified by Jacob & Kait is a new line of essential oil blends  
created just for the smell of it.



### DIRECTIONS

**Topical:** Dilute 1 drop of the selected blend with 2–4 drops of V-6™ Vegetable Oil Complex or olive oil. Test on a small area of the skin on the underside of your arm, then apply to the desired area as needed. Avoid direct sunlight or UV rays to application area for up to 24 hours.

**Aromatic:** Diffuse up to 1 hour 3 times daily.

### INGREDIENTS

**Orange Creamsicle:** *Citrus aurantium dulcis*<sup>†</sup> (Orange) peel oil, Caprylic/capric triglycerides, *Citrus aurantium bergamia*<sup>†</sup> (Bergamot) peel oil, *Vanilla planifolia* (Vanilla) fruit extract, *Gaultheria procumbens*<sup>†</sup> (Wintergreen) leaf oil

**Seaside:** *Citrus aurantifolia*<sup>†</sup> (Lime) oil, *Citrus aurantium dulcis*<sup>†</sup> (Orange) peel oil, *Cupressus sempervirens*<sup>†</sup> (Cypress) leaf/nut/stem oil, *Salvia officinalis*<sup>†</sup> (Sage) oil, *Piper nigrum*<sup>†</sup> (Black Pepper) fruit oil, *Fucus vesiculosus* (Seaweed) extract, *Citrus aurantium amara*<sup>†</sup> (Neroli) flower oil

**Tropical Tango:** Caprylic/capric glycerides, *Cocos nucifera*<sup>†</sup> (Coconut) fruit extract, *Citrus aurantium dulcis*<sup>†</sup> (Orange) peel oil, *Cananga odorata*<sup>†</sup> (Ylang ylang) flower oil, *Mentha spicata*<sup>†</sup> (Spearmint) leaf extract

<sup>†</sup>Premium essential oil

### SAFETY

Keep out of reach of children. For external use only. Keep away from eyes and mucous membranes. If you are taking medication or have a medical condition, consult a health care professional prior to use. **Avoid direct sunlight or UV rays to application area for up to 24 hours.** Not intended for pregnancy or nursing. Not intended for children under the age of 6 without the advice of a health care professional.

### KEY INGREDIENTS

Orange Creamsicle: Limonene, Linalyl acetate, Vanillin, Myrcene

Seaside: Limonene, Alpha-pinene

Tropical Tango: Limonene

### COMPLEMENTARY PRODUCTS



Aria™  
Ultrasonic Diffuser  
Item No. 4524



Viya™ Car Diffuser  
Item No. 33624



Citrus Fresh™  
essential oil blend  
Item No. 3318



V-6™ Vegetable  
Oil Complex  
Item No. 3031

# One by Young Living



**Product Size:** 3–5 ml blends  
**Item No:** 41628



## SCENT PROFILE

**One Heart:** Slightly sweet, uplifting and refreshing aroma

**One Voice:** Complex bouquet of exquisite floral and grounding, woody essential oils

**One Purpose:** Centering, enlightening and uplifting aroma with a hint of zest and soft floral notes

## TOP REASONS TO ORDER

- One Heart's clean aroma helps you while you find your center and connect with humanity and your inner spirituality.
- Apply One Voice topically for a personal aroma that promotes feelings of inner self-confidence and clarity.
- Use One Purpose in your prayer, meditation or spiritual practice to foster courage and become aware of your own life's purpose.

## BENEFITS AND FEATURES

### One Heart

- Encourages a bright outlook on life
- Opens your heart to love and service for others
- Encourages unity and connection with community

The One by Young Living™ collection features three special essential oil blends crafted in collaboration with The D. Gary Young, Young Living Foundation: One Heart™, One Voice™ and One Purpose™. Each blend supports a Foundation partner, local artisan or cause and every purchase helps expand our impact on the world.

## BENEFITS AND FEATURES

### One Voice

- Promotes feelings of self-confidence and clarity with its warm, inspiring aroma
- Use while you are working on owning and empowering your inner voice
- The encouraging aroma supports you in speaking your own truth and using your voice to help those in need

### One Purpose

- Subtle layers and depth of this blend enhance the connection to your own personal strengths and divine character
- Represents the power of being united and the strength that comes from supporting each other in our purpose
- Foster courage and become aware of your own life's purpose and discipline, carrying your purpose forth with you each day

## SUGGESTED USAGE

**One Heart:** Place 1–3 drops on your chest with these intentions: My heart is full of love, compassion, joy and freedom. One heart together with many.

**One Voice:** Place 1–3 drops on your neck with these intentions: I express my truth and value easily through my one voice.

**One Purpose:** Place 1–3 drops on the top of your head with these intentions: I focus my life's purpose with courage, strength and keenness of vision to guide me.

A portion of the proceeds from these essential oil blends goes to  
The D. Gary Young, Young Living Foundation, which supports  
underprivileged communities.



## DIRECTIONS

For more information, including cautions, please refer to individual product descriptions and labels.

## INGREDIENTS

**One Heart essential oil blend:** *Citrus limon*<sup>†</sup> (Lemon) peel oil, *Cananga odorata*<sup>†</sup> (Ylang Ylang) flower oil, *Picea mariana*<sup>†</sup> (Northern Lights Black spruce) leaf oil, *Citrus aurantifolia*<sup>†</sup> (Lime) oil, Caprylic/capric triglyceride, *Anthemis nobilis*<sup>†</sup> (Roman Chamomile) flower oil, *Jasminum officinale*<sup>\*\*</sup> (Jasmine) oil, *Ocotea quixos*<sup>†</sup> (Ocotea) leaf oil, *Mentha spicata*<sup>†</sup> (Spearmint) leaf extract, *Picea mariana*<sup>†</sup> (Black spruce) leaf oil, *Tanacetum annuum*<sup>†</sup> (Blue tansy) flower oil, *Cinnamomum camphora*<sup>†</sup> (Camphor) wood oil, *Pelargonium graveolens*<sup>†</sup> (Geranium) flower oil, *Boswellia carterii*<sup>†</sup> (Frankincense) oil

**One Voice essential oil blend:** *Cananga odorata*<sup>†</sup> (Ecuadorian Ylang ylang) flower oil, *Abies grandis*<sup>†</sup> (Grand fir) oil, *Picea pungens*<sup>†</sup> (Idaho Blue spruce) branch/leaf/wood oil, *Boswellia sacra*<sup>†</sup> (Sacred frankincense) resin oil, *Callitris intratropica*<sup>†</sup> (Blue cypress) wood oil, *Santalum album*<sup>†</sup> (Sandalwood) oil, *Ocimum basilicum*<sup>†</sup> (Basil) oil, *Helichrysum italicum*<sup>†</sup> (Helichrysum) flower oil, *Cananga odorata*<sup>†</sup> (Ylang ylang) flower oil, *Jasminum officinale*<sup>\*\*</sup> (Jasmine) oil, *Elettaria cardamomum*<sup>†</sup> (Cardamom) seed oil, *Cedrus atlantica*<sup>†</sup> (Cedarwood) wood oil, *Rosmarinus officinalis*<sup>†</sup> (Rosemary) leaf oil, *Pelargonium graveolens*<sup>†</sup> (Geranium) flower oil, *Rosa damascena*<sup>†</sup> (Rose) flower oil, *Lavandula angustifolia*<sup>†</sup> (Lavender) oil, *Mentha piperita*<sup>†</sup> (Peppermint) oil, *Boswellia carterii*<sup>†</sup> (Frankincense) oil, *Santalum paniculatum*<sup>†</sup> (Royal Hawaiian Sandalwood<sup>™A</sup>) wood oil, *Picea mariana*<sup>†</sup> (Northern Lights Black spruce) leaf oil, *Abies concolor*<sup>†</sup> (White fir) branch/leaf/wood oil, *Vetiveria zizanioides*<sup>†</sup> (Vetiver) root oil, *Coriandrum sativum*<sup>†</sup> (Coriander) seed oil, *Picea mariana*<sup>†</sup> (Black spruce) leaf oil, *Citrus aurantium bergamia* (Bergamot) peel oil (Furocoumarin

free), *Cinnamomum zeylanicum*<sup>†</sup> (Cinnamon) bark oil, *Artemisia pallens*<sup>†</sup> (Davana) flower oil, *Citrus limon*<sup>†</sup> (Lemon) peel oil, *Citrus hystrix*<sup>†</sup> leaf oil, *Anthemis nobilis*<sup>†</sup> (Roman Chamomile) flower oil, *Cymbopogon martinii*<sup>†</sup> (Palmarosa) oil, *Chamomilla recutita*<sup>†</sup> (Matricaria) flower oil, *Tanacetum annuum*<sup>†</sup> (Blue tansy) flower oil, *Citrus paradisi*<sup>†</sup> (Grapefruit) peel oil, *Citrus reticulata*<sup>†</sup> (Tangerine) peel oil, *Mentha spicata*<sup>†</sup> (Spearmint) leaf extract, *Ocotea quixos*<sup>†</sup> (Ocotea) leaf oil

**One Purpose essential oil blend:** *Citrus latifolia*<sup>†</sup> (Lime) peel oil, *Boswellia sacra*<sup>†</sup> (Sacred frankincense) resin oil, Caprylic/capric triglyceride, *Cananga odorata*<sup>†</sup> (Ecuadorian Ylang ylang) flower oil, *Ocotea quixos*<sup>†</sup> (Ocotea) leaf oil, *Picea mariana*<sup>†</sup> (Black spruce) leaf oil, *Cinnamomum camphora*<sup>†</sup> (Camphor) leaf oil, *Rosa damascena*<sup>†</sup> (Rose) flower oil, *Tanacetum annuum*<sup>†</sup> (Blue tansy) flower oil, *Pelargonium graveolens*<sup>†</sup> (Geranium) flower oil, *Boswellia carterii*<sup>†</sup> (Frankincense) oil

<sup>†</sup>Premium essential oil

<sup>\*\*</sup>Premium absolute

<sup>A</sup>Royal Hawaiian Sandalwood is a trademark of Jawmin, LLC.

## SAFETY

For safety information, please refer to the individual oil labels.

## KEY CONSTITUENTS

**One Heart:** Sesquiterpenes, monoterpenes, limonene

**One Voice:** Alpha-pinene, germacrene D, linalool, benzyl acetate

**One Purpose:** Limonene, alpha-pinene, beta-pinene, gamma-terpinene, germacrene D

## COMPLEMENTARY PRODUCTS



Frankincense essential oil  
Item no: 3548



Orange essential oil  
Item no: 3602



V-6 Vegetable Oil Complex  
Item no: 3031



Haven Diffuser  
Item No. 32939

# One Purpose Essential Oil Blend



One Purpose's uplifting floral aroma honors the efforts of artisan women around the world who work to support their families and communities and, in turn, break the bounds of poverty.

**Product Size:** 5 ml | **Item No:** 41243

## TOP THREE REASONS TO ORDER

1. Ordering One Purpose contributes 35 percent of your purchase to help women break out of poverty.
2. One Purpose contains Valor, Sacred Frankincense, Rose, Ecuadorian Ylang Ylang, Ocotea, and Lime essential oils.
3. One Purpose's aroma can help you set your intentions and encourage personal awareness as you work through goals and pursue personal growth.

## ABOUT

One Purpose™ essential oil blend celebrates the strength that comes from working together for a higher goal. Specifically, this blend is dedicated to the women of the world who lift themselves and their families out of poverty with their skilled artisanal work. These inspirational and entrepreneurial women work as Young Living partners, making handcrafted, artisanal jewelry and gifts for Young Living. Since 2017, Young Living orders to these artisan collectives in 10 different countries have provided over 800,000 fair-pay work hours to more than 10,000 artisans who have made nearly 350,000 individual handcrafted items.

The One Purpose label came about as a collaborative effort between more than 20 women who are part of Mabira Collective in Uganda, with the final design created by Diana Laruni, an aspiring young Ugandan artist. While many of these women experienced poverty, lack of education, and abuse in their pasts, they have banded together with the unified purpose of providing a better life for their children. The design is a combination of beads representing their handmade jewelry craft, leaves and water representing the earth from which many of their materials are derived, and a circle representing their circle of women coming together with one purpose.

One of the Mabira artisans, Eve, used to live on the edge of subsistence and was only one setback away from having nothing. Sometimes she earned enough to provide one meal a day to her three children, but sometimes they went without. All of that changed when she joined Mabira Collective. She learned how to make beautiful jewelry and, for the first time, was paid what she deserved.

"I have three children who are my world," Eve says. "Before Mabira, I was only able to think about how I could find food for them each day. Now I look to the future and am working to own a home. Because of my hard work, my children have enough to eat and are enjoying going to school."

For each wholesale purchase of One Purpose, 35 percent is donated to The D. Gary Young, Young Living Foundation to support its efforts to protect and empower the world's youth. This mission includes helping women break the poverty cycle and achieve financial independence. This assistance will help them support their families and communities and break the bounds of poverty.

## BENEFITS AND FEATURES

- This blend's subtle scent layers and depth enhance your connection to your personal strengths and divine character.
- One Purpose represents the power of unity and the strength that comes from supporting each other in our purpose.
- This blend can be used during quiet moments to foster courage and become aware of your life's purpose, along with the discipline it takes to carry that purpose forward each day.
- Its aroma can bring clarity to your spirit and encourage personal awareness.

## SUGGESTED USAGE

- Diffuse One Purpose at home to enjoy the enlightening, uplifting aroma.
- Apply it daily to support your own connection to your unique purpose as you help others find theirs.
- Use this blend in massage, Vita Flex, or reflexology to support the focus of the treatment.
- Use it alongside the Feelings Collection.

# One Purpose Essential Oil Blend



## DIRECTIONS



**Topical:** Dilute 1 drop with 1 drop of V-6™ Vegetable Oil Complex or olive oil and apply to desired area as needed.

**Aromatic:** Diffuse up to 30 minutes 3 times daily.

## INGREDIENTS

*Citrus latifolia*<sup>†</sup> (Lime) peel oil, *Boswellia sacra*<sup>†</sup> (Sacred frankincense) resin oil, Caprylic/capric triglyceride, *Cananga odorata*<sup>†</sup> (Ecuador Ylang ylang) flower oil, *Ocotea quixos*<sup>†</sup> (Ocotea) leaf oil, *Picea mariana*<sup>†</sup> (Black spruce) leaf oil, *Cinnamomum camphora*<sup>†</sup> (Camphor) leaf oil, *Rosa damascena*<sup>†</sup> (Rose) flower oil, *Tanacetum annuum*<sup>†</sup> (Blue tansy) flower oil, *Pelargonium graveolens*<sup>†</sup> (Geranium) flower oil, *Boswellia carterii*<sup>†</sup> (Frankincense) oil

<sup>†</sup>Premium essential oil

## KEY CONSTITUENTS

Limonene, alpha-pinene, beta-pinene

## SAFETY

Keep out of reach of children. For external use only. Keep away from eyes and mucous membranes. If you are nursing, taking medication, or have a medical condition, consult a health care professional prior to use. Avoid direct sunlight or UV rays to application area for up to 24 hours. Not intended for use during pregnancy.

## KEY INGREDIENTS

- **Valor® essential oil blend:** Valor essential oil blend features Frankincense, Black Spruce, Blue Tansy, Camphor Wood, and Geranium. It was formulated based on historical writings about Roman soldiers who were said to apply aromatic plant extracts to instill feelings of courage and confidence before going into battle.
- **Sacred Frankincense essential oil:** It is believed that this oil was obtained from the resin variety brought to the Christ Child at his birth. It has a grounding, woody aroma that enhances meditation and spiritual practices when used aromatically.
- **Rose essential oil:** Rose has a sensual aroma that allures you to its high-frequency notes, creating a peaceful, loving, and nurturing environment at home and setting the mood for romance. It beautifies the skin, promotes the appearance of an even skin tone, and reduces the appearance of fine lines.
- **Ecuadorian Ylang Ylang essential oil:** Ylang Ylang, traditionally known for its romantic appeal, has a calming and balancing aroma for a peaceful, happy heart. It also promotes the appearance of healthy-looking skin and shiny hair.
- **Ocotea essential oil:** Ocotea essential oil was used historically in traditional ritual soothing.
- **Lime essential oil:** Lime uplifts the senses with its lively, refreshing citrus aroma.

## COMPLEMENTARY PRODUCTS



One Heart™  
Essential Oil Blend  
Item no: 31088



One Voice™  
Essential Oil Blend  
Item no: 37859



Haven™  
Ceramic Diffuser  
Item no: 32939



V-6™ Vegetable  
Oil Complex  
Item No. 3031